

Cards for reflection

Conversation cards about meaning and existential questions for parents







You can use these conversation cards if you as a parent are faced with a serious illness that your child is suffering from, if your life has drastically changed because of the illness of your child, or if your child's future is uncertain.



The set consists of 32 cards with questions. They concern different themes, such as parenthood, expectations and decisions.



The cards help you to reflect on what it means for you as a parent to go through this period. You can use them to talk about existential questions. You decide if and how you answer these questions. Pick a question when it suits you. And, if you want, pick another one. You can do this alone, or together with a partner, family member or neighbour.



Are there questions that are important to you? You can use them to discuss in greater depth with a caregiver what the illness of your child means for you.